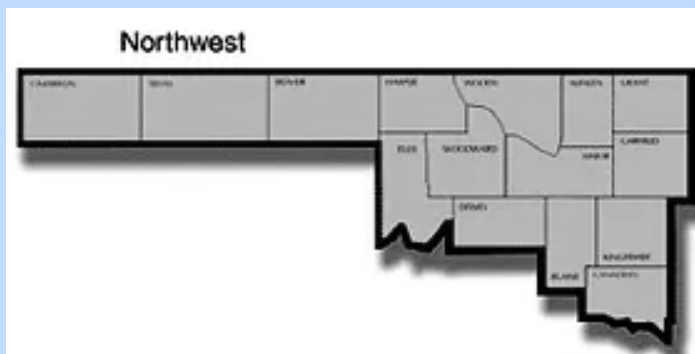


JULY-SEPTEMBER
2026

CHILD CARE RESOURCE & REFERRAL

A PROGRAM OF CDSA
FUNDED THROUGH OKLAHOMA PARTNERSHIP FOR SCHOOL READINESS

NEWSLETTER



SERVING NORTHWEST OKLAHOMA

Cimarron, Texas, Beaver, Harper, Woods, Alfalfa, Grant, Ellis, Woodward, Major, Garfield, Dewey, & Blaine, Canadian, & Kingfisher

OUR PURPOSE

Supporting families and child care providers in our northwest communities.

OUR VISION

All northwest Oklahoma families have access to quality care and education for their children through community-based resource and referral services.



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New Website:
www.nwoklachildcare.org

CDSA CCR&R Office
580-231-6131
114 S. Independence
Enid, OK 73701



**CDSA Child Care
Resource & Referral**

We offer *support, training, and resources* to licensed child care providers. CCR&R staff names and contact information are listed to the left.

You can find our Roles & Responsibilities on the last page of the newsletter. The page provides details of the ways in which CCR&R consultants can assist you. [Download the page here](#) to write your consultant's contact information on and keep it handy for when you have a question or need assistance.

We can also connect you with partner resources such as CECPD, Warmline, Autism Foundation of Oklahoma, Health Department, OKDHS CCS and other early childhood resources available in the region.

Give us a call or send us an email if you are in need of assistance.

**JOIN OUR
CHILD CARE
RESOURCE &
REFERRAL
FACEBOOK
PAGE**



PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Leadership Academy I with CECPD for Centers

Leadership Academy I is designed for child care directors, assistant directors, and administrators. Leadership Academy I offers 47 hours of training. Click the link to find out how to apply for the next academy. [More Info Here](#)

CDSA CCR&R TRAINING OPPORTUNITIES

Visit our website for provider training.
<https://nwoklachildcare.org/provider-trainings/>

Training specific to FCCH can be found using:

<https://nwoklachildcare.org/staff-family-child-care-network/>

Is your CPR about to expire?



Our CPR Process PDF can be found using the link below. An easy to use, clickable link is provided on the PDF for each step.

[CPR Process Document Download](#)

BUSINESS SUPPORT



OK Shared Services has a quick reference sheet for Centers and for FCCHs that lists all the resources topics they cover. You can use the topics listed under Business in the search section to find a lot of useful information and tools to support your business.

<https://www.oksharingservices.org/other-resources/reference-sheets/>

Click below for FCCH Leadership Academy Information

FAMILY CHILD CARE HOME
LEADERSHIP ACADEMY

Now taking applications!
Family Child Care Home Providers | Spring 2027



\$750 Stipend
After completing BAS requirements



- 6 sessions | 42 formal training hrs
- Strengthen your program & reduce stress
- Practical guidance & professional development



Start Your Application Today
Contact: pdas@ou.edu,
or visit: bit.ly/LA-FCCH

 cecpd@ou.edu  cecpd.org 

PARTNER RESOURCE LINK AND CONTACT INFORMATION

What is Infant and Early Childhood Mental Health Consultation in Child Care?

*A free service for child care providers in Oklahoma that provides a trained professional for on-site visits over an extended period of time.

*ECMH consultation focuses on supporting classrooms and assisting the program in solving specific issues that they may then build upon to help them with future experiences

*Consultation offers staff tools, techniques, options and a partnership to address a variety of challenges that may arise when caring for young children

*Consultation services are provided to child care centers and family child care homes throughout Oklahoma. Eligibility is determined by the Oklahoma Warmline. Call or email them if you have a need for their services.

Warmline-Because kids don't come with instructions.

1-888-574-KIDS (5437)

Email: warmline@health.ok.gov

<https://okwarmline.org/provider-resources/>

PARTNER CONTACTS

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CECPD
Velma Gould
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1-405-799-6383

Warm line
Kim Quinn
1-888-574-5437
[OK Warmline Online](#)

ADVOCACY & POLICY

ECE Workforce Survey: Summer Spotlight on Regulation and Compliance NAEYC wants to hear from you!

This is an opportunity to share your thoughts on what is working well, and what needs improvement, to help shape policymaker and public conversations about system improvements and reform.
Closes July 27th.
[Survey Link](#)

REGULATIONS & POLICIES

Child Care Subsidy Change Effective July 1, 2026: SMI Eligibility Realignment

On July 1, 2026, income eligibility will return to 55% of State Median Income, consistent with pre-pandemic guidelines and federal Child Care and Development Fund (CCDF) priorities.

All eligibility for the child care subsidy program is reviewed at the time of application or renewal and remains in place through a family's next renewal date, as long as household income remains within program guidelines.

Families can apply in person at their local OKDHS office or by calling (405) 522-5050.

Current recipients of child care subsidy benefits can check their renewal status at OKDHSLive.org.

BEST PRACTICE & RESOURCES

Visual Schedules

Visual supports can help children learn new skills and prevent challenging behavior. They also help children to follow routines and understand what is happening “now” and what will happen “next.”



Download this [resource](#) for tips on how to create and use a visual schedule. Use First, Then signs to help children transition, break up routines into smaller steps more manageable steps.

HEALTH & WELLNESS

Healthy and delicious recipes that fit within the food program requirements.

Spice up your meals and try something new!

[Recipes-National CACFP
Association](#)

YOU CAN UPDATE YOUR PROGRAM'S INFORMATION ONLINE!

Watch a video on how to update your information in the state database that families use to search for child care.

[Watch Video](#)



To create an account, click on the **UPDATE** button.

RESOURCE FOR FAMILIES

[Download a Helpful Pyramid Model Resource for Families from the Challengingbehavior.org Website.](#)

CHILD CARE LICENSING

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Backpack Connection Series

About this Series
The Backpack Connection Series was created by TACSEI to provide a way for teachers and parents/caregivers to work together to help young children develop social emotional skills and reduce challenging behavior. Teachers may choose to send a handout home in each child's backpack when a new strategy or skill is introduced to the class. Each Backpack Connection handout provides information that helps parents stay informed about what their child is learning at school and specific ideas on how to use the strategy or skill at home.

The Pyramid Model
The Pyramid Model is a framework that provides programs with guidance on how to promote social emotional competence in all children and design effective interventions that support young children who might have persistent challenging behavior. It also provides practices to ensure that children with social emotional delays receive intentional teaching. Programs that implement the Pyramid Model are eager to work together with families to meet every child's individualized learning and support needs. To learn more about the Pyramid Model, please visit ChallengingBehavior.org.

More Information
More information and resources on this and other topics are available on our website, ChallengingBehavior.org.


ChallengingBehavior.org

How to Plan Activities to Reduce Challenging Behavior

Brooke Brogie, Alyson Jiron & Jill Giacomini

Unfortunately, there is no "Guidebook for Parents" that tells you exactly how to raise children who behave perfectly at all times. Each child and family is unique, which means that there is no one solution or strategy that is going to work for everyone, every time. However, while it isn't magic, simple planning ahead can work wonders to help improve your child's behavior. You can plan activities to teach your child important skills such as sharing, taking turns or handling disappointment. You can also plan ahead to prepare your child for new events in her life such as changes in her schedule, a road trip, a new baby or a visit from grandparents.

For example, Abby is three years old and is usually happy at preschool where she loves to draw and play with the doll house. However, at home when Abby plays one-on-one with another child, she often ends up throwing toys, screaming "Mine!" or crying. What can Abby's mom do? Instead of always "managing" these outbursts, she can intentionally plan activities to teach Abby the skills of sharing and taking turns. She can also plan activities that give Abby an opportunity to practice these new skills.

Try This at Home

- Tell your child exactly what to do.** Telling your child to "share" or "be nice" does not actually tell her what she should be doing. For example, if Abby throws her toys, her mom can say, "Abby, toys stay on the floor or on your lap." If Abby hits her friend, her mom can say, "Hands down. Hands are for playing, eating, and hugging. Use your words. You can say, 'I am angry. Help please!'"
- Use a Visual Schedule.** A visual schedule will help her to understand what is expected. To learn more about visual schedules, read the [How to Use Visual Schedules to Help Your Child Understand Expectations](#) in the Backpack Connection Series.
- Practice, practice, practice.** Intentionally create situations where she can practice the desired behavior. For example, Abby's mom can help Abby learn to take turns while playing with her sister or an older friend. She can ask Abby's sister to "help teach Abby to take turns" while playing with one doll. Abby's mom provides the toy and reminds the girls to take turns when playing. The girls can practice the skill of sharing during their time together.
- Catch your child being good!** When your child is using the desired behavior, you can encourage her by responding with enthusiasm. For example, "Wow, I saw you share the sand toys at the park with those two girls. What a great friend you are!"
- Prepare your child before an event.** For example, Abby's mom can say, "Abby, your friend Ella is coming over to play today. When friends come over,

we share our toys. I know how special doggy is to you. We could put doggy in a safe place and you do not have to share her."

- Hope for the best but plan for the worst!** If you know that your child might have problems when playing with other children, stay nearby so that you can intervene if needed. You might also provide two sets of an identical toy (e.g., two bubbles or two balls) and then offer a change in location to play to diffuse difficult situations.

Practice at School
School offers many opportunities for children to practice social skills and learn emotional vocabulary. Teachers can set up art or quiet activities where children have the opportunity to practice sharing, learning to wait and taking turns. As children interact with each other, teachers provide positive language. For example, "Abby, I see that you are pointing to the red marker. You can tap Jacob on the shoulder and say, 'Can I have a turn?'" After the interaction, the teacher provides the children with encouragement. For example, "Way to get Clara, Abby and Jacob are working together. They are sharing and taking turns!" Teachers can also use daily schedule changes to teach the skill of handling disappointment. For example, "Oh no, Miss Marcie is not here today. We won't be able to go to music. I am really disappointed. What should we do?" At this point, the children can learn to problem-solve and come up with a positive solution.

The Bottom Line
Much of the frustration that parents experience can be avoided by planning ahead and teaching children a desired behavior before a difficult situation occurs. When you are unprepared for your child's challenging behavior, such as whining or temper tantrums, you might respond with anger or in other ways that make the situation worse. Remember that you are in control of the daily schedule and routine. If your child is having problems with activities such as play with others, drop-off at school, or bedtime, you can plan activities that will give her the opportunity to learn the social skills she needs. Planning ahead can reduce challenging behavior such as meltdowns, whining and temper tantrums and increase desired behavior such as flexibility, using words and patience. Planning activities that teach skills such as sharing and taking turns will provide her with the tools she needs to increase self-esteem and be successful in school and life.

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NETWORKING OPPORTUNITIES

WHAT ARE THE BENEFITS OF JOINING A NETWORKING GROUP?

Through networking, childcare owners and directors can share ideas, strategies, and practices that enhance their business knowledge and leadership skills.

Networking groups also create a support system where members can exchange advice, discuss challenges, and find encouragement in the often-demanding field of early care and education.

Join one of our networking groups!

Thrive Network (FCCH)	Center Network
Thrive is still thriving and growing every month! The NW Thrive Ambassador spot is open, be on the lookout for an email containing the application. <u>View upcoming Thrive training and networking events.</u>	We have a name, YAY! The Center Owner/Director Support and Networking Group will now be known as ELEVATE! Be on the lookout for an email for our monthly virtual meetings.
OKSharedServices resources to help market your FCCH. Free tools such as templates for flyers, brochures and even a logo maker. <u>https://www.oksharedservices.org/utility-pages/log-in/?redirectUrl=/successful-program-management/family-child-care-toolkit/marketing/</u>	OKSharedServices resources for centers. Onboarding tips, orientation checklists, and templates for new staff. <u>https://www.oksharedservices.org/utility-pages/log-in/?redirectUrl=/successful-program-management/becoming-an-hr-expert/recruitment-hiring/employee-orientation-toolkit/communication-to-staff-families/</u>
For more information about network meetings, please contact: Jesse Bailey jesse.bailey@cdsaok.org 580-231-6255 580-242-6131 Ext.1024	



All Consultants

- Conduct in-person visits regularly and follow up as needed to support and mentor.
- Observe and give feedback specific to the program's needs, such as lesson plans, interactions, and best practices.
- Provide training and mentoring using helpful tips to set goals and make action plans.
- Help programs navigate and understand accreditation, QRIS, and licensing requirements.
- Connect families and providers with community resources.
- Support teachers by using best practices in classroom management and behavioral support such as Pyramid Model framework and Conscious Discipline curriculum.



Child Care Consultant (CC)

All the duties listed above specializing in children ages 3+

- Supports curriculum planning, health and safety, and ways to keep children engaged.
- Shares helpful behavior and guidance strategies to support positive child development including individualized plans.
- Classroom management skills, such as room arrangement.

Your local CCR&R office is:



Child Care Resource & Referral

CCR&R, a program of CDSA

114 S. Independence St.
Enid, OK 73701
580-242-6131

www.nwoklchildcare.org



Business Consultant (BC)

Specializes in Leadership and Business Practices

- Helps improve budgeting, financial records, hiring, and HR.
- Provides support with grant writing, fundraising ideas, and finding helpful community resources.
- Shares tools and resources to help your program run more smoothly, such as Brightwheel.
- Provides guidance on strengthening daily operations.
- Provides mentorship to enhance leadership development.



Infant Toddler Consultant (IT)

All the duties listed above specializing in children ages 0-3

- Observes caregiver interactions and daily routines to support strong relationships.
- Provides guidance on infant and toddler development and responsive caregiving.
- Helps design safe, engaging environments.
- Implements training for safe sleep practices, health and safety, and curriculum planning.

My CC: _____

My IT: _____

My BC: _____

My HC: _____



Hispanic Consultant (HC)

All the duties listed above specializing in Hispanic outreach.

- Provides support in Spanish.
- Translates tools, resources, and training materials when needed.
- Fosters connections between the child care provider, DHS, and the Hispanic community.



Child Care Referrals

If a family is moving or needs alternative care options, they can call a referral specialist at **1-800-438-0008 (Para Español 405-525-8783)** or search online at www.stage.worklivesystems.com/parent/23 for potential options that meet their individual needs.